



# Garfield Heights Fitness Classes



**New! 10- Week Summer Session  
Starts Monday, June 24<sup>TH</sup> through  
Wednesday, August 28<sup>th</sup>**

**Cardio Blast/Boot Camp:**

**Monday and Wednesday - 6:00 pm—7:00 pm**

**Strength Training/Weights/Stability Ball:**

**Monday and Wednesday - 7:15 pm—8:15 pm**

All classes are taught by a certified fitness instructor

**Garfield Fire Station #1 McCracken & Turney Roads**

**10 Week Session Class fees:**

- 1 class per week = \$50.00 + ID card
- 2 classes per week = \$75.00 + ID card
- 3 classes per week = \$90.00 + ID card
- 4 classes per week = \$100.00 + ID card

**Current recreation ID Card required**

- ID card \$15.00 residents
- ID card \$40.00 non-residents

**2 proofs of residency required at the time of registration for residents**

**Sign up anytime before Friday, June 21<sup>st</sup> 4:00 pm deadline**

***\$15.00 late fee after deadline – Friday, June 21<sup>st</sup> no exceptions***

**Sign up at the Dan Kostel Recreation Center  
beginning May 28<sup>th</sup> through June 21<sup>st</sup>**

During our open office hours at

**5411 Turney Road**

**216-475-7272**

Follow prompts to "hours of operation" or press "0" to speak to a team member.

Discuss nutrition and diet issues. Find what works for you and your lifestyle!

**Sponsored by:**

**The City of Garfield Heights  
Vic Collova, Mayor**

**Robert A. Dobies, Sr. Director of Parks & Recreation**

**[www.garfieldhts.org](http://www.garfieldhts.org) – find us on facebook @ GarfieldHtsRec**