

Garfield Heights Fitness



Sign up for our Holiday “Grab Bag” Classes



You choose which classes to attend according to your “hectic” Holiday schedule. One low fee for AS MANY classes that you want to take! No rec ID required.

Classes offered: Cardio Conditioning, and Strength Training/Body Pump classes offered on Monday & Wednesday.

DATES: November 26, 28, Dec. 3, 5, 10, 12, 17, 19, 26, January 2

Monday & Wednesday—6:00 pm—7:00 pm
Cardio Conditioning & Strength Training

Monday & Wednesday—7:15 pm—8:15 pm
Strength/Body Pump

All classes held at Fire Station #1 corner of Turney and McCracken roads.

**Hurry & Sign Up
Special Session
Begins Monday
November 26th**

**Register at the Dan Kostel Recreation Center
5411 Turney Road, Garfield Heights, OH**

During all open office hours—call 216-475-7272

www.garfieldhts.org or follow us on Facebook @GarfieldHtsRec

**One low price of \$50.00—No ID Card Required for Grab Bag
20 available classes to take—that’s \$2.50 per class!**

**Pre-registration and fees due on or before November 21st deadline due to the
Thanksgiving Holiday & recreation office closed.**

City of Garfield Heights

Vic Collova, Mayor

Robert A. Dobies, Director of Parks and Recreation