

Garfield Heights Fitness



Sign up for our Holiday “Grab Bag” Classes

You choose which classes to attend according to your “hectic” Holiday schedule. One low fee for AS MANY classes that you want to take!

Classes offered: Cardio Conditioning, and Strength Training/Body Pump classes offered on Monday & Wednesday.

DATES: November 28, 30, December 5, 7, 12, 14, 19, 21, 26, 28, Jan. 2, 4

Monday & Wednesday -6:00 pm—7:00 pm
Cardio Conditioning & Strength Training

Monday & Wednesday -7:15 pm—8:15 pm
Strength/Body Pump

All classes held at Fire Station #1 corner of Turney and McCracken roads.

**Hurry & Sign Up
Special Session
Begins Monday
November 28th**

**Register at the Dan Kostel Recreation Center
5411 Turney Road, Garfield Heights, OH
During all open office hours—follow prompts at
216-475-7272**

**One time fee of \$48.00 for up to 24 classes (\$2.00 per class)
Pre-registration and fees due on or before November 23rd deadline due to the
Thanksgiving Holiday**

**City of Garfield Heights
Vic Collova, Mayor
Robert A. Dobies, Director of Parks and Recreation**